

Table (1): Effect of Cinnamon, Basil, Amla & their mixture on BWG %, FI & FER ratio of obese rats

| Groups             | Parameters                                  |                             |                      |                                     |                       |                      |                      |                      |
|--------------------|---|-----------------------------|----------------------|-------------------------------------|-----------------------|----------------------|----------------------|----------------------|
|                    | Weights in<br>beginning of the<br>treatment | Food intake<br>(g/day/rats) | %<br>Change          | Weight in final of<br>the treatment | Body weight gain<br>% | %<br>Change          | FER<br>ratio         | %<br>Change          |
|                    | M + SD                                      | M + SD                      | of<br>control<br>(+) | M + SD                              | M + SD                | of<br>control<br>(+) | of<br>control<br>(+) | of<br>control<br>(+) |
| (G1) Control (-)   | 176.250b + 4.787                            | 14.204b + 0.852             | - 4.91               | 203.00g + 5.715                     | 15.180cd + 1.312      | - 44.69              | 0.067f               | - 51.10              |
| (G2) Control (+)   | 208.750a + 4.787                            | 14.937b + 1.007             | ----                 | 266.00a + 3.559                     | 27.446a + 1.283       | ----                 | 0.137a               | ----                 |
| (G3) Cinnamon 5%   | 210.750a + 6.344                            | 14.450b + 0.759             | - 3.23               | 252.500b + 2.886                    | 19.864b + 2.533       | - 27.63              | 0.103b               | - 24.82              |
| (G4) Cinnamon 7.5% | 209.250a + 3.862                            | 12.750c + 0.645             | - 14.64              | 245.00cd + 3.559                    | 17.096c + 1.433       | - 37.71              | 0.100c               | - 27.01              |
| (G5) Basil 5%      | 208.000a + 4.966                            | 15.250ab + 0.645            | + 2.1                | 248.750bc + 4.787                   | 19.610b + 1.831       | - 28.55              | 0.095d               | - 30.66              |
| (G6) Basil 7.5%    | 208.500a + 3.316                            | 15.625ab + 0.853            | + 4.57               | 243.750cd + 4.787                   | 16.906e + 1.412       | - 38.40              | 0.081e               | - 40.88              |
| (G7) Amla 5%       | 210.000a + 4.082                            | 14.325b + 0.537             | - 4.1                | 241.750de + 2.362                   | 15.137cd + 1.400      | - 44.85              | 0.079e               | - 42.34              |
| (G8) Amla 7.5%     | 205.000a + 4.082                            | 15.050ab + 0.914            | + 0.76               | 239.250de + 2.986                   | 16.726e + 1.675       | - 39.06              | 0.081e               | - 40.88              |
| (G9) Mixture 5%    | 208.750a + 4.787                            | 15.250ab + 0.465            | + 2.10               | 237.500ef + 2.886                   | 13.809d + 2.564       | - 49.69              | 0.067f               | - 51.10              |
| (G10) Mixture 7.5% | 206.250a + 7.500                            | 15.125ab + 1,108            | + 1.26               | 232.250f + 2.217                    | 12.609d + 0.769       | - 54.06              | 0.061g               | - 54.82              |

\* Mean with similar letters in same row indicate nonsignificant difference and vice versa.